

Worship Sharing

Worship sharing focuses on a particular question and helps us to explore our own experience and share with each other more deeply than we would in normal conversation. It seeks to draw us into a space where we can take down our usual defenses and encounter each other in “that which is eternal.”

- Speak out of the silence and leave a period of silence between speakers.
- Speak from your own experience, about your own experience.
- Do not respond to what anyone else has said, either to praise or to refute.
- Listen carefully and deeply to what is spoken.
- Expect to speak only once, until everyone has had a chance to speak.
- You have the option of “passing” or not speaking.
- Respect the confidentiality of what is shared.